

Jesus Feeds the Crowd

Dear Brothers and Sisters of Our Lady of Lourdes,

Tackling the "Summer Problem"

by Emma King, 3 June 2015

Source: Ignitum Today Blog Part 2 of 2

When I was in college, I found that those long-awaited, blissful days of summer, however enjoyable, always caused a certain amount of spiritual angst for me. Thrown out of my rhythm established at school, my spiritual life would take a beating during the 3 months I was home and leave me back at square one just in time for my return to school in August. I would then spend 9 months re-instilling those hard fought-for habits and be at my spiritual happy place in time for summer. I'm sure you can guess what happened next. The pattern continued.

The most frustrating part of all of this was that I tried. I went to daily Mass, said rosaries, you name it, but for some reason being away from the infrastructure I had made for myself at school always hurt my spiritual fitness.

With that in mind, here are some thoughts for those college and high-school students struggling without the structure of academia to keep us all honest!

3. Create an Infrastructure

As I said above, the main reason I struggled so during the summer months was that I didn't have the normal people around to keep me honest and I didn't have a routine of spiritual events to go to or keep myself on track with. In short, I lost my infrastructure.

My last summer home, it finally clicked. If structure and accountability buddies are what I need, then make it and find them! Find a friend you can go to Mass with a couple of times a week. Get some of your college buddies to form a Facebook group where you can all post about your spiritual habits, things you've tried, new prayers you've learned. Make Skype dates with your Catholic besties in college and pray the rosary with them! Set something in stone and you'll find you're less likely to fall.

4. Trust God

Finally, relax! Focus your thoughts on God. Periodically throughout the day, just say "Hi, Jesus" or "I love you" to Our Lord. If something happens during your day that makes you smile, laugh, feel good, or makes you happy, say a quick Hail Mary of thanksgiving for that moment. Likewise for those things that may be negative.

In everything, offer Him your concerns and trust that you are His beloved child! He will not abandon, nor forsake you. Make this summer a living loaves and fishes: take to Him what you have and He will bless it abundantly. Let Him know you love Him and you're trying your best and He will take care of the rest!

(Source: The "Ignitum Today" Blog <https://www.ignitumtoday.com/2015/06/03/tackling-the-summer-problem>)

In Christ's Peace,
Father Jim Ferry



For Your Stewardship of Time, Talent and Treasure

FISCAL YEAR STARTING JULY 2018	
WEEKLY GOAL	\$ 6800
Collection: June 8-9*	\$ 4404
Deficit:	\$ 2396

*** Includes Online Giving Weekly Average Deposit**

MASSES FOR THE WEEK	
SATURDAY 22 JUNE IN CHURCH	8:30 am Michael J. Wilk 5:30 pm Michael Cassels
SUNDAY 23 JUNE	7:30 am People of the Parish 9:30 am Joseph Catalano & Michael Chiaramonte 11:30 am Richard Iannacone
MONDAY 24 JUNE	8:30 am Erlinda M. Tupas
TUESDAY 25 JUNE	8:30 am Joseph Dextra
WEDNESDAY 26 JUNE	8:30 am Massena & Dupervil Families
THURSDAY 27 JUNE	8:30 am Special Intentions for Massena Family
FRIDAY 28 JUNE	8:30 am Patricia Paxton
SATURDAY 29 JUNE	8:30 am Leopoldo Acevedo 5:30 pm Emil Russomanno
SUNDAY 30 JUNE	7:30 am People of the Parish 9:30 am Richard Iannacone 11:30 am Nell & Robert Roxborough

SUNDAY 23 JUNE	
10:30 am	Children's Choir Rehearsal
THURSDAY 27 JUNE	10:00 am Deadline for News & Announcements for July 7th bulletin email: lourdesbulletin@aol.com.
7:00 pm	Christian Book Club—KOC room
SUNDAY 30 JUNE	10:30 am Children's Choir Rehearsal

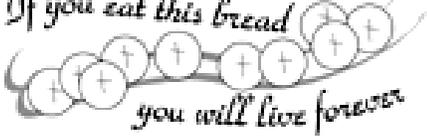
June 28, 2019

Prayer to the Sacred Heart of Jesus

Oh most holy Heart of Jesus,
fountain of every blessing,
I adore You, I love You,
and with a lively sorrow for my sins,
I offer You this poor heart of mine.
Make me humble, patient, pure, and
wholly obedient to Your will.
Protect me in the midst of danger,
comfort me in my afflictions;
give me health of body, assistance in
my temporal needs,
Your blessing in all that I do, and the
grace of a holy death.
—Amen



*If you eat this bread
you will live forever*



 **PRAY FOR THE SICK**

Vincent Aiello, Sean Bailey,
Josefina Balerdi, Suzane Ball,
Kazimiera Borchet, Darlene Cangialosi,
Teresa Carbin, Josephine Ciullo, Tom Collinson,
Jeannie Cox, Ramona De Castro, Peggy Dolan,
Pierre Ferrus, Catherine Gascoyne, Al Gebhardt,
Judy Givas, Alberta Greco, Michael Harris,
Marissa and Richard Hedstrom, Jovann Henry,
Yann Henry, Glenn Holland, Prepty Joint, Bruce
Kiefer, Tim Klein, James Leung, Rose Mateus,
Marion McConville, Mary McGuinness, Stephanie
Montano, Noreen Meyers, Liam Morley,
Florence Olabiyi, William Ollenschleger, Otilia
Ortega, Idelourdes Petion, Patrick Pierre, Mark
Quarno, Thelma Ramaglia, Amy Ricciardi, Mary
Lou Ruppel, Vincent Santucci, Jr., Heather
Scoffone, Patricia Seib, Natalie Sims, Jimmy
Tiernan, Robin Tobia, Harry Vendemia, Annalisa
Verdi, Ann Whelan, Kathy Whelan, Michael
Whelan, George Zachos.

If you wish to have a loved one prayed for,
please call the rectory at 973.325.0110.

LITURGICAL MINISTERS— SUNDAY 30 JUNE			
Mass	Lector	Eucharistic Ministers	Altar Servers
5:30 pm	Joe Riopel	Judith Albore Eileen Reilly Sharon Rosario	Liam Cunningham Thiago Lavado Jacquyanah Vincent
7:30 am	Joy Hayward	Bless Bernardo Mary Cassels Sr. James Soon	Jason Saway Karl Saway
9:30 am	Bill Talbot	Annette Chiaramonte JoAnne Chiaramonte Sonia Murphy Joseph Petrillo	Briana Sampson Volunteer
11:30 am	Doris Spivey	Virginia Dimapilis Carmelita Dizon Paul Hirsch Wendy Sheyka	Anika Fernandes Jennifer Fernandes Amir Stewart
11:30 am	Children's Liturgy -	Annamarie Frey	

