

OUR LADY OF LOURDES CHURCH

One Eagle Rock Avenue, West Orange, New Jersey 07052 RECTORY/Parish Office 973.325.0110 LOURDESWESTORANGE.ORG Like us on Facebook www.facebook.com/lourdeswestorange Sunday, July 3, 2022 – Fourteenth Sunday in Ordinary Time



Mass Schedule @ Main Church

Saturday Evening, 5:30 pm Sunday Morning, 7:30, 9:30, 11:30 am Confessions, Saturday 4:15 - 5:00 pm or anytime by appointment

Weekday Morning Mass

Monday – Friday 8:30 am @ MAIN CHURCH Monday 8:30 am Mass with Miraculous Medal Novena

Served By:

Rev. James Ferry, Pastor Rev. James N. Chern, Weekend Assistant Rev. Robert K. Suszko, Weekend Assistant Mrs. Linda Chapman, Director of Music Mrs. Mary Cassels, Trustee Mrs. Eileen Reilly, Trustee

Administered in an emergency at any time. Please call RECTORY when someone is ill or admitted to the hospital.

Sacrament of Marriage

Sacrament of Baptism

Sacrament of the Sick

Engaged couples are asked to make their arrangements one year in advance of their wedding. Please call RECTORY for an appointment with a priest.

Celebrated usually the first Saturday of the month. Parents are

required to meet with Father Jim Ferry. Please call RECTORY.

First Friday

5:30 pm - 7:30 pm. There is 1^{st} Friday Adoration during the "Fall" months of September, October, November and December and the "Spring" months of March, April, May and June.

Peace and Good Corner Gift Shop

Religious articles, books and cards are available for purchase inside the church before and after all Masses or by appointment. Contact RECTORY.

New Parishioners

Welcome to Our Lady of Lourdes. Please register at RECTORY or call for registration forms.

MISSION STATEMENT The people of God in West Orange were called by the Holy Spirit in 1914 to form Our Lady of Lourdes Parish, a community centered on Jesus Christ. The Holy Spirit remains with us today as we continue our journey to God. We are inspired by the Gospel of Jesus Christ, nourished by the Eucharist, called to respect life and proclaim our Catholic faith. We serve God by providing spiritual, educational, and social activities for our parish family as well as extending God's love and compassion to serve the greater community.

Mrs. Mary Cassels, Trustee Mrs. Eileen Reilly, Trustee RECTORY/Parish Office: 973.325.0110 Fax: 973.325.9105

Email: <u>ollwonj@verizon.net</u> Website: lourdeswestorange.org RECTORY/Parish Office Hours: Monday - Friday 9:00 am - 2:00 pm

Religious Education

Family Catechesis (Grades 1-6) Mrs. Barbara Camp 973.325.0110 ext. 103 Email: <u>ollfamilyclass@aol.com</u>

<u>Religious Education</u> Sacrament of Confirmation (Grades 7-12) Mr. Paul Hirsch 973.325.0110 ext. 123 Email: <u>Confirmation.Class@lourdeswestorange.org</u>

Religious Education

Administrative Assistant Astrid Ramirez 973.325.0110 ext. 102 Email: <u>astrid.ramirez@lourdeswestorange.org</u>



Dear Brothers and Sisters of Our Lady of Lourdes,

I hope and pray the summer may be a time of rest and refreshment and peace for you and your family. I share with you this reflection on summertime and our spiritual life.

This is a continuation of last week's column.

Tackling the "Summer Problem" by Emma King, 3 June 2015 Source: Ignitum Today Blog Part 2 of 2

When I was in college, I found that those long-awaited, blissful days of summer, however enjoyable, always caused a certain amount of spiritual angst for me. Thrown out of my rhythm established at school, my spiritual life would take a beating during the 3 months I was home and leave me back at square one just in time for my return to school in August. I would then spend 9 months re-instilling those hard fought-for habits and be at my spiritual happy place in time for summer. I'm sure you can guess what happened next. The pattern continued.

The most frustrating part of all of this was that I tried. I went to daily Mass, said rosaries, you name it, but for some reason being away from the infrastructure I had made for myself at school always hurt my spiritual fitness.

With that in mind, here are some thoughts for those college and high-school students struggling without the structure of academia to keep us all honest!

3. Create an Infrastructure

As I said above, the main reason I struggled so during the summer months was that I didn't have the normal people around to keep me honest and I didn't have a routine of spiritual events to go to or keep myself on track with. In short, I lost my infrastructure.

My last summer home, it finally clicked. If structure and accountability buddies are what I need, then make it and find them! Find a friend you can go to Mass with a couple of times a week. Get some of your college buddies to form a Facebook group where you can all post about your spiritual habits, things you've tried, new prayers you've learned. Make Skype dates with your Catholic besties in college and pray the rosary with them! Set something in stone and you'll find you're less likely to fall.

4. Trust God

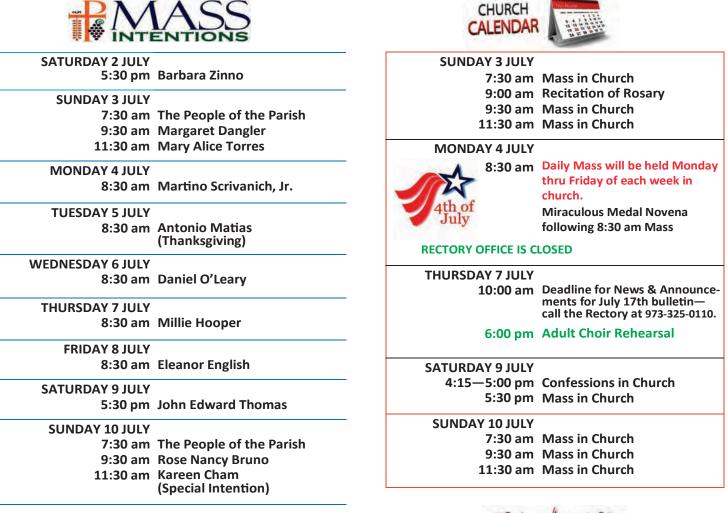
Finally, relax! Focus your thoughts on God. Periodically throughout the day, just say "Hi, Jesus" or "I love you" to Our Lord. If something happens during your day that makes you smile, laugh, feel good, or makes you happy, say a quick Hail Mary of thanksgiving for that moment. Likewise for those things that may be negative.

In everything, offer Him your concerns and trust that you are His beloved child! He will not abandon, nor forsake you. Make this summer a living loaves and fishes: take to Him what you have and He will bless it abundantly. Let Him know you love Him and you're trying your best and He will take care of the rest!

(Source: The "Ignitum Today" Blog <u>https://</u> www.ignitumtoday.com/2015/06/03/tacklingthe-summer-problem

In Christ's Peace, Father Jim Ferry

OUR LADY OF LOURDES CHURCH - JULY 3, 2022







PRAYERS

On July 15, we will be updating the Prayer List. Please let us know which names to keep on.

Brendan Byrne Dr. Penny DeFranco Michael DiPirro Catherine Gascoyn Cathy Granger Doris Handschuh

Sherrina Navani Pat Schoeler George Snell Harry Vendemia Maureen Bacal-Zerna

If you wish to have a friend or loved one prayed for, please call the Rectory at 973-325-0110.

This week's Altar Candles, a gift from the Diminch Family is in memory of **MARTINO SCRIVANICH**

This week's Bread & Wine, a gift from The Diminch Family is in memory of **MARTINO SCRIVANICH**

+++ WEEKEND July 9 - July 10, 2022				
Mass	Lectors	Eucharistic Ministers		
5:30 pm	Pat Sigalas	Emily Kunz		
7:30 am	Hermie Santos	Patricia Saway		
9:30 am	JoAnn Melhorn	Myrna Regino		
11:30 am	Carmelita Dizon	Virginia Dimapilis		

St. Vincent DePaul Society

St. Vincent DePaul Society is hosting Christine's Soup Kitchen on **Saturday**, **07/23/2022** for Holy Trinity Episcopal



Church. As of now the soup kitchen is operating on a to-go-lunch basis. Lunches are prepared ahead of time and will be dropped off at Holy Trinity on the morning of **07/23/2022** so you will not have to serve at the soup kitchen itself. If anyone is interested in preparing or purchasing needed items please call Rosanne Bruno at 973-243-0679, or e-mail at travisb23@juno.com.

PARISH GIVING

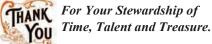
 FISCAL YEAR STARTING JULY 2021

 WEEKLY GOAL
 \$ 6800

 Collection*: June 18—June 19*
 \$ 4208

 Deficit:
 \$ 2592

 * Includes Online Giving Weekly Average Deposit



5 Tips for a Spiritual Summer

BY <u>AMY SNOPEK</u> JULY 8, 2020 (HTTPS://BUSTEDHALO/ AUTHOR/AMY-SNOPEK)

The sights and sounds of summer can instantly offer a "refresh" moment in our lives. Fresh air, sunny skies, and warmer temperatures invite us outdoors! The more relaxed and less-hectic (we hope!) pace of the summer months also gives us a chance to slow down, reflect, and reconnect with ourselves, our friends, and yes, even God! Here are five tips for making the most of this time of year.

1. Vacation church search

Rather than taking a vacation from church, make church an exciting part of your vacation by celebrating Mass somewhere new. While on vacation, make it a point to find an old, popular, or interesting place of worship nearby. If you're in the tropics, search for an open-air church. If you're vacationing on the East Coast, check out a historical church. If you're opting for a staycation this summer and sticking close to home, visit a new parish in your community. You never know where you will find inspiration!

2. Rekindle your spark

Plan a backyard or beach bonfire with family, close friends, or by yourself! Relax. Roast some marshmallows and make s'mores. When you're comfortable, reflect on the aspects of your life where you're succeeding. Congratulate yourself with another s'more! Then, think about what's holding you back. Write down a list of those things that are keeping you from being the person God wants you to be and throw the list into the fire, burning the paper to mark a fresh start.

3. Stop to smell the roses

Take time to appreciate <u>God's world around you</u>. Walk barefoot in the grass or on the beach. Swim in a natural pond, lake, or the ocean. Sit under a beautiful old tree or go for a hike. And while you're in nature, spend some one-on-one time with God. Share your gratitude for the gifts in your life, including the gifts of nature and the environment, and enjoy your time surrounded by God's beautiful creations.

4. Write it down

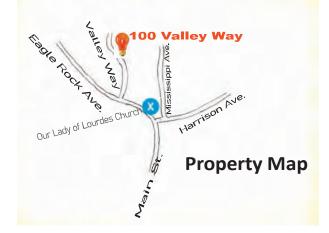
Start a Summer Spiritual Journal. Each day, record moments when you feel close to God and moments when God feels further away in your daily life. <u>Writing</u> them down will help you reflect on these times and may bring to light new moments of strength or challenge in your faith. In addition to your personal reflections, write down quotes, phrases, or Scripture that are meaningful and relevant to you at that moment. You might remember something you've read or heard from a friend during the day. In doing so, you may find new ways to think about your daily interactions with God and others.

5. Class it up

Take a class or go on a retreat to rejuvenate your spirit. Find a summer Bible study or discussion group in your parish or community. Sign up for an art class to feed your creative side. Have you always wanted to learn a musical instrument? Now is your time to give it a try. Or take a cooking class to improve your culinary skills. At the end of the summer, show off your newfound talents to friends and family by playing some music or hosting a dinner party. If you have an unplanned long weekend, find a religious retreat near you or visit one of <u>these locations</u>

(http://www.retreatfinder.com/) and have your own personal retreat (https://bustedhalo.com/ministryresources/plan-personal-spiritual-retreat) that might include journaling (read #4 above), a favorite prayer, and reading cherished Scripture or other spiritual texts in order to reconnect with God.

Our Lady of Lourdes Convent - West Orange



PROPERTY OVERVIEW

This 1930's property in a quiet residential area was home • to the Sisters of Charity and conveniently located near Route 280, public transportation, and just a short drive to New York City.

The three-story brick building in addition to a basement measures approximately 6,900 square feet.

- ⇒ 1st Floor includes a receiving area, a chapel with sacristy, living room, dining room, kitchen and (1) bedroom with full bath.
- ⇒ 2nd Floor has (9) bedrooms, each with sinks, (1) bedroom with full bath, a shower room with (2) tubs and one shower area, plus a bathroom with (3)sinks and (3) stalls.
- ⇒ 3rd Floor contains (8) bedrooms, each with sinks and
 (2) full bathrooms.
- ⇒ Basement includes (4) storage areas, a laundry room, boiler room and (1) car garage with automatic gate.



Our Lady of Lourdes Convent 100 Valley Way West Orange, NJ 07052

PROPERTY HIGHLIGHTS

- Subject property is in overall good condition.
- There are hardwood floors throughout except in the Chapel, which is carpeted.



- There is a solarium and skylight on the third floor.
- The current furniture is available if needed.
- For immediate occupancy

<u>Highest Best Use:</u> Residential Space Office Space Counseling Programs Martha Rodriguez 973-497-4123 Tel 973-497-4362 Fax artha.Rodriguez@RCAN.ORG

