

# Jesus Visits Martha and Mary

Dear Brothers and Sisters of Our Lady of Lourdes,

I share with you this reflection on saints and the spiritual life. Some of us consider ourselves "extroverted" or "introverted". These labels are often used to mean something positive or negative psychologically.

However, being an extrovert is not better than being an introvert. While we may feel 'labeled' in this way, it need not be a liability. It's also true that many successful people consider themselves to be introverted and, at times, given to great reserve and shyness.

God Himself also invites not to put on a show, to be the best versions of ourselves. There are spiritual strengths also in our ability to look inside of ourselves as we also relate to others.

This an article from BUSTEDHALO.COM, in 3 parts.

## Patron Saints for Introverts: How to Live Your Best Introverted, Spiritual Life (Part 3 of 3) BY JOSH MCDONALD JUNE 19, 2019 (Site: bustedhalo.com)

We live in an extroverted world, and as an introvert and a writer, I love the idea of shutting out the rest of the world for several hours each day to write about faith. I often find it beneficial to remember what the Prophet Elijah experienced in 1 Kings, 19:12 when he found God's presence not in earthquake or fire but in "a light silent sound."

God speaks to us in those silences, which, in all the bustle and noise of modern life, can be hard to come by. As Catholics, our faith brings us to an experience of God through communal worship in the liturgy, as well as through parish life and the Works of Mercy. But for a Catholic introvert like me, it can be a challenge to find the balance between that active engagement with the world and the quiet contemplation I need to sustain me.

Fortunately, our faith connects us with the great Communion of Saints — all those holy souls who have gone before us and still offer us their wisdom and guidance in living a holy life. Whether or not any of them were true introverts is a question lost to history, but the saints can teach us valuable life lessons about how to be our best introverted, spiritual selves.

\_\_\_\_Pope Saint Celestine V

Pietro del Morrone just wanted to withdraw from the world into a life of prayer, penance, and solitude. Instead, he was elected to the highest office in the Medieval world.

Pietro was a simple man from a humble background who devoted himself to the solitary life of a hermit in the wilderness. But his reputation for holiness gained him many followers. Eventually, reluctantly, he organized these followers into a religious order.

Meanwhile, the College of Cardinals was having trouble electing a new pope. Several years went by, and Pietro del Morrone declared that God wasn't happy with the Cardinals and would bring punishment upon them if it went on much longer. Apparently, they took the warning to heart and promptly, unanimously, elected Pietro as the new pontiff. Very reluctantly, he accepted and took the name Celestine V.

After becoming pope, Celestine V actually decreed that a pope could resign from office and made good on that decree, stepping down just five months after his election.

Celestine V lacks a long list of papal accomplishments, but he did break a political stalemate that had left the papal seat empty for two years. And he did step up and do his best when the Church needed him. But more importantly, I think, he recognized his own limitations and stayed true to who he was. He never wanted to be more than a humble, solitary, prayerful hermit with no stake in the affairs of kings and princes. The world, with its constant pressures toward action and activity, doesn't often recognize the importance of quiet, thoughtful contemplation. And yet, it has need of it. For that, ultimately, is where we most often hear the voice of God.

So, the next time you feel like an introvert out of place in an extroverted world, remember the saints who went before you, setting an example of how to be a vessel that God can use.

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**Bibliographic Source:**  
[WWW.BUSTEDHALO.COM](http://WWW.BUSTEDHALO.COM)

In Christ's Peace,  
Father Jim Ferry



### For Your Stewardship of Time, Talent and Treasure

#### FISCAL YEAR STARTING JULY 2019

WEEKLY GOAL	\$ 6800
Collection: July 5-7*	\$ 4128
Deficit:	\$ 2672

\* Includes Online Giving Weekly Average Deposit

**MASSES FOR THE WEEK**

<p><b>SATURDAY 20 JULY</b>                  8:30 am Thomas Gawenus                  5:30 pm Maria Matias (16th Ann.)</p>
<p><b>SUNDAY 21 JULY</b>                  7:30 am People of the Parish                  9:30 am Michael Chiaramonte (39th Ann.)                  11:30 am Frank Ludwiczak</p>
<p><b>MONDAY 22 JULY</b>                  8:30 am Frances Lanfrank (25 Ann.)</p>
<p><b>TUESDAY 23 JULY</b>                  8:30 am Robert M. Kaniecki</p>
<p><b>WEDNESDAY 24 JULY</b>                  8:30 am Katherine A. Shauger</p>
<p><b>THURSDAY 25 JULY</b>                  8:30 am Gricidio Echevarria</p>
<p><b>FRIDAY 26 JULY</b>                  8:30 am William McCurdy III</p>
<p><b>SATURDAY 27 JULY</b>                  8:30 am Catherine Kent                  5:30 pm Portia Chaves Bacal</p>
<p><b>SUNDAY 28 JULY</b>                  7:30 am People of the Parish                  9:30 am Helen Filan                  11:30 am Frank Ludwiczak</p>

**THIS WEEK'S CALENDAR OF EVENTS**

<p><b>SUNDAY 21 JULY</b></p> <p><b>ALL MASSES THIS WEEKEND</b></p>	<p><i>Missionary Co-Operative Appeal Collection</i></p>
<p><b>THURSDAY 25 JULY</b>                  10:00 am</p>	<p>Deadline for News &amp; Announcements for August 4th bulletin email: <a href="mailto:lourdesbulletin@aol.com">lourdesbulletin@aol.com</a>.</p>



**Mary and Martha Bible Story Teaches Us About Priorities**



**LITURGICAL MINISTERS— SUNDAY 28 JULY**

Mass	Lector	Eucharistic Ministers	Altar Servers
5:30 pm	Joe Riopel	Marge Christiano Frank Refinski Eileen Reilly	David Broking Jordan Broking Jacquyanah Vincent
7:30 am	Joe Gruszczynski	Ella Gruszczynski Joe Gruszczynski Louis Volpe	Tim Brennan
9:30 am	Kathy Petrillo	JoAnne Chiaramonte Joseph Petrillo Ann Pflug Bill Talbot	Briana Sampson Volunteer
11:30 am	Doris Spivy	Carmelita Dizon Nancy Lanfrank Sharon Rosario	Ramone Eugene Andrew Onubogu Amir Stewart
11:30 am	Children's Liturgy -	Annamarie Frey	

**PRAY FOR THE SICK**



Vincent Aiello, Sean Bailey, Josefina Balerdi, Suzane Ball, Kazimiera Borchet, Darlene Cangialosi, Teresa Carbin, Josephine Ciullo, Tom Collinson, Jeannie Cox, Ramona De Castro, Peggy Dolan, Pierre Ferrus, Catherine Gascoyne, Al Gebhardt, Judy Givas, Alberta Greco, Michael Harris, Marissa and Richard Hedstrom, Jovann Henry, Yann Henry, Glenn Holland, Prepty Joint, Bruce Kiefer, Tim Klein, James Leung, Rose Mateus, Marion McConville, Mary McGuinness, Stephanie Montano, Noreen Meyers, Liam Morley, Florence Olabiyi, William Ollenschleger, Otilia Ortega, Idelourdes Petion, Patrick Pierre, Mark Quarno, Thelma Ramaglia, Amy Ricciardi, Mary Lou Ruppel, Vincent Santucci, Jr., Heather Scoffone, Patricia Seib, Natalie Sims, Jimmy Tiernan, Robin Tobia, Harry Vendemia, Annalisa Verdi, Ann Whelan, Kathy Whelan, George Zachos.

If you wish to have a loved one prayed for, please call the rectory at 973.325.0110.

# Around the Parish & Community

## Upcoming Archdiocesan Events



**FOOD FOR THE NEEDY**

July 27-28 is our monthly food collection for St. John's Church, Newark. Please bring non-perishable food and place it in the bins in the Church lobbies. Thank you.

**2019 SHARING GOD'S BLESSINGS ANNUAL APPEAL**

*"For where your treasure is, there your heart will be also." (Matthew 6:21)*



Did you know that there is still time to support the 2019 Sharing God's Blessings Annual Appeal? Our Lady of Lourdes has received **\$12,455** in pledges. Thank you to those parishioners who have already shown your support and generosity.

Will you join us in supporting this effort which strengthens many important charitable programs throughout the four counties of the Archdiocese of Newark (Essex, Union, Hudson, Bergen) and which makes our own parish a more vibrant place of worship?

Our goal of **\$28,979** can only be achieved through your generosity.

If you have yet to give, please pick up a pledge form at the back of the church or visit [www.rcan.org/sharing](http://www.rcan.org/sharing). Your gift will make a difference. Thank you for your prayers and support.



**COMMUNITY OF GOD'S LOVE**  
A CATHOLIC CHARISMATIC COMMUNITY

**FRIDAY, JULY 26, 2019**

**MOVIE & PIZZA NIGHT**  
*"Chocolat"*

Free Will Offering  
Movie & Pizza Night  
7:00 PM at  
Our Lady of the Visitation House  
Corner of West Passaic and Mortimer Avenues, Rutherford, NJ

**St. John Prayer Community**

Invites you and your family to a healing service

**BRO. BOB CANTON**  
International Healing Minister

Mt. Carmel Church Hall  
99 Broadway, Jersey City, NJ 07306

Flor Evangelista  
Lorna Sequio

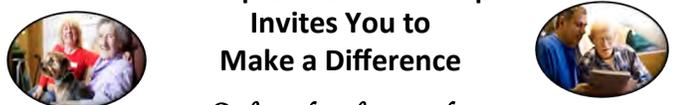
551-358-9990  
201-437-5007

July 26, 2019 (Fri) - 6:00 pm to 9:30 pm  
July 27, 2019 (Sat) - 9:00 am to 5:00 pm

**FREE Registration & Food!**

**West Orange Area Volunteers Needed!**

Fellowship Garden State Hospice Invites You to Make a Difference



*Only a few hours of your time can make all the difference in the world.*

Hospice volunteers provide emotional support, companionship and respite to terminally ill patients and their families.

No previous experience required, training will be provided. Here you will learn the volunteer skills necessary to join our dynamic team of compassionate caregivers. Must be 18 years of age; possess a valid driver's license and willing to undergo background check and PPD (TB) testing, unless proof of recent testing in last 12 months.

For information please contact:  
Carolyn Vadimski 908-432-7277 or, email [cvadimski@fellowshipsl.org](mailto:cvadimski@fellowshipsl.org)  
Josephine Mazzeo 908-797-1635 or, email [jmazzeo@fellowshipsl.org](mailto:jmazzeo@fellowshipsl.org)

**Lord Teach Me To Pray**  
3-Part Ignatian Prayer Series

**Pt. 1 Training-Retreat in Elizabeth NJ**  
SATURDAY, AUGUST 3, 2019

**Benedictine Center for Spirituality**  
St. Walburga Monastery  
851 North Broad Street  
Elizabeth NJ 07208

**Please Register Now for the Elizabeth NJ Training-Retreat**  
Begins Saturday August 3, 2019 with Mass at 8:00 a.m.; ends at 4:30 p.m.

Please bring your lunch, snack & drink for the day as no food service.

website: [www.lordteachmetoprayer.com](http://www.lordteachmetoprayer.com) or call (504) 439-5933

**Charismatic Renewal of the Archdiocese of Newark**  
invites every Prayer Community to come and join us for a Healing & Deliverance event.

WHEN: Saturday, August 17, 2019  
TIME: 8:00 am—7:00 pm  
WHERE: Union City High School  
2500 John F. Kennedy Blvd  
Union City, NJ  
FEE: \$10.00

Rev. Fr. John Gordon  
Rev. Fr. Bill Halbing  
Rev. Fr. Pedro Repollet  
Fr. Jeivy Hercules

Registration: 201-668-1973