



**NEW TO THE BULLETIN:**

We have added our Mass readings and songs to the bulletin—See pages 6 & 7. This will help you to participate in the Mass. Please join us.

Our Lady of Lourdes Sunday Mass can be viewed Saturday 5 pm—or anytime after this—every week. Please go to our website [LOURDESWESTORANGE.ORG](http://LOURDESWESTORANGE.ORG). For an archive of previous Sundays, click on “Lourdes You Tube”.



Dear Brothers and Sisters of Our Lady of Lourdes,

***Blessed are the peacemakers:  
for they shall be called the children of  
God. (Matthew 5:9)***

I share with you this reflection, based on peacemaking.

Source: <https://www.focusonthefamily.com/parenting/teaching-children-to-be-peacemakers/>

TEACHING CHILDREN TO BE  
PEACEMAKERS  
BY KEN SANDE JANUARY 1, 2002  
Part 3 of 3  
**“Principles # 8, 9, 10, 11, 12”**

Here are 12 principles you can teach your children to help them resolve conflicts among themselves or with their friends.

You can teach your children how to resolve conflicts among themselves or with their friends and other people they know. Imagine how much better life could be for

you and them. Here are principles #8, 9, 10, 11 & 12 that young peacemakers need to learn:

**8. Forgiveness is a choice, not a feeling.**  
By forgiving someone, we are making four promises.

### **False Ideas about Forgiveness**

You need to feel like forgiving before you can really forgive. (Wrong. It’s a choice you make, not a feeling.)  
Forgiveness means forgetting about what someone did to hurt you.  
Forgiveness excuses the other person’s sin.  
Forgiveness depends on getting a guarantee that someone won’t do the same wrong thing again.

### **Four Promises of Forgiveness**

I promise I will not dwell on what you did wrong. I will think good thoughts about you and do good for you.  
I promise I will not bring up this situation and use it against you.  
I promise I will not talk to others about what you did.  
I promise I will be friends with you again.

**9. It is never too late to start doing what’s right.** You can always stop doing wrong, then think about a better way and plan how to pursue it.

**10. Think before you speak.**  
Or before you act. Or before you confront someone.

(Continued on Page 4)

**OUR LADY OF LOURDES CHURCH - AUGUST 9, 2020**



Masses will be offered for the following intentions in church commencing June 22 thru 25; 5:30 pm Mass on June 27 & all Masses on June 28.

Private Masses will be held for the 8:30 am Masses on Friday & Saturday.



**SATURDAY 8 AUGUST**

8:30 am Mary Harrington  
5:30 pm Michael & Matilda O'Boyle

**SUNDAY 9 AUGUST**

7:30 am People of the Parish  
9:30 am Vivian C. Petrillo  
11:30 am Dorothy M. Gawenus

**MONDAY 10 AUGUST**

8:30 am John Paxton

**TUESDAY 11 AUGUST**

8:30 am John Brennan (24th Ann.)

**WEDNESDAY 12 AUGUST**

8:30 pm Kathleen Markey Norman

**THURSDAY 13 AUGUST**

8:30 am Katherine Murphy

**FRIDAY 14 AUGUST**

8:30 am Portia Chaves-Bacal

**SATURDAY 15 AUGUST**

8:30 am Deceased Members of the Pflug & Napolitano Families  
5:30 pm William Ollenschleger

**SUNDAY 16 AUGUST**

7:30 am People of the Parish  
9:30 am John Manganiello (1st Ann.)  
11:30 am Eddie & Virginia Dimapilis (30th Wedding Ann.)



"Take courage, it is I, do not be afraid."

**CHURCH CALENDAR**



**SUNDAY 9 AUGUST**

7:30 am Mass in church  
9:30 am Mass in church  
11:30 am Mass in church

**\*\*ALL ATTEENDEES AT MASS MUST WEAR FACE MASKS AND SIT IN DESIGNATED AREAS**

**MONDAY 10 AUGUST**

8:30 am **Daily Mass will be held Monday thru Thursday of each week in church. No reservation is required. \*\***  
9:00 am Miraculous Medal Novena following  
8:30 am Mass

**THURSDAY 13 AUGUST**

10:00 am Deadline for News & Announcements for Aug 9TH bulletin email: lourdesbulletin@aol.com.  
1:00 pm Virtual "Pray the Rosary/Divine Mercy via Zoom video & audio. (Please call Carol Ford—973.736.2394 for details).

**SATURDAY 15 AUGUST**

8:30 am Mass—Assumption of the Blessed Virgin Mary  
**This IS NOT a Holy Day of Obligation**



4:15—5:00 pm Confessions (Family/Cry Room)  
5:30 pm Mass in church \*\*

**SUNDAY 16 AUGUST**

7:30 am Mass in church  
9:30 am Mass in church  
11:30 am Mass in church

**\*\*ALL ATTEENDEES AT MASS MUST WEAR FACE MASKS AND SIT IN DESIGNATED AREAS**



"Lord, save me!"

"O you of little faith, why did you doubt?"



Daphne Brown  
Catherine Gascoyne  
Nicholas Larusso  
Ramon Marmol  
Mary McGuines  
Matthew McHugh

Dolores Otero  
Mark Quarno  
Gregory Roxborough  
Mary Lou Ruppel  
Pat Schoeler  
Katerina Zachos

**PRAYER Requests**

*If you wish to have a friend or loved one prayed for, please call the rectory at 973.325.0110.*

**WEEKEND MINISTRY SCHEDULE AUGUST 15—AUGUST 16, 2020**

Mass	Lector	Eucharistic Ministers	Altar Servers
5:30 pm	Lynda Clement		
7:30 am	Bless Bernardo		
9:30 am	Bill Talbot		
11:30 am	Julie Nzegwu		

PASTOR COLUMN Continued from Page 2

**11. Respectful communication is more likely to be heard.** This includes the words we speak, our tone of voice and our body language (making eye contact and avoiding bad gestures, facial expressions or posture).

**12. A respectful appeal can prevent conflict.**  
Learn how to make one.

Stop yourself from choosing to say or do something that will cause conflict.

Think about why you want to appeal and about what words to use.

Appeal (Ask): Using “I” messages and questions, communicate your appeal in a respectful way.

Respond respectfully whether the other person answers yes or no.

*From Peacemaking for Families by Ken Sande, a Focus on the Family book published by Tyndale House. Copyright © 2002 by Peacemaker Æ Ministries. All rights reserved. International copyright secured. Used with permission.*

Source: <https://www.focusonthefamily.com/parenting/teaching-children-to-be-peacemakers/>

Our Lady Queen of Peace, Pray for Us!

Father Jim Ferry



This is to announce that Our Lady of Lourdes will be hosting— on 2 separate dates – training for **“Protecting God’s Children” –**

If you need this training, you only need to attend one of these training dates. Both are here at Lourdes church in the lower level gathering space -- Connor Hall – and both are in the EVENING.

**“Protecting God’s Children” Training DATES:**

- \_\_\_\_\_ Tuesday August 4 from 7pm—10 pm.
- \_\_\_\_\_ Wednesday August 26 from 7pm—10pm.

To sign up, you can go to the website of the Archdiocese of Newark – [RCAN.ORG](http://RCAN.ORG). If you are not sure what to do or how to sign up, please call

Our Lady of Lourdes parish office at 973.325.0110.

Thanks,  
Father Jim Ferry, 973.325.0110 x.113



**Bereavement Support Group  
Wednesday Afternoons 1—3 pm**

**Aug. 5, Aug. 12, Aug 19**

Bernauer Parish Center of the Church of the Little Flower  
Lower Level Multipurpose Room  
290 Plainfield Avenue, Berkeley Heights, NJ  
Please park in the back and enter through the back rear door behind the building.

Due to Covid-19 restrictions, we are limited to 9 participants to ensure physical distancing. All participants are required to wear a face mask

**REGISTRATION REQUIRED \*FREE OF CHARGE\***

Please provide name, address, phone number, and Email to:  
Margaret Manning, Pastoral Associate 908-464-1585 Ext.133 or  
Email: PASTORAL110.LF@gmail.com

Sessions will be facilitated by Mark Joseph Williams, LCSW  
Sponsored by the Bereavement Ministry

**A TIME TO RELAX**



Summertime is a time to relax. During this leisure time, would you be willing to go through your closets to get rid of all those unwanted heavy winter clothes and shoes which served you so well during the winter season? We also need small appliances, shoes, linens, sheets, towels, stuffed animals, novels, knickknacks, toys, and children’s books. Please donate them to the Catholic Charities donation bin located on the Church ground. Thank you for helping Catholic Charities continue its mission.

## Our Lady of Lourdes Parish Religious Education & Faith Formation 2020-2021



To Register Online, please go to:

1. Website: **LOURDESWESTORANGE.ORG**
2. Click “Faith Formation / Religious Education”
3. Select “Religious Education Online Registration Form”

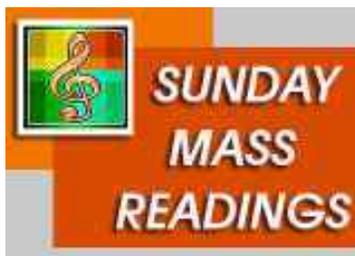
If you would like the Website/link emailed to you or if you would prefer to register in person, please call Annemarie Grasso 973.325.0110 x. 102 or email: [ANNEMARIEK823@AOL.COM](mailto:ANNEMARIEK823@AOL.COM)

▶ Grade 1-5, Family Catechesis: Barbara Camp, Director

Grade 6—Religious Education: Carol Ford, Leader

▶ Grade 7-12 Middle & High School: Monica Nieves, Director

*Our calendar for 2020-2021 has not yet been published.  
We hope to publish soon.*



AVAILABLE VIA <http://www.usccb.org/>,  
Look for "Daily Readings" Calendar

## August 9, 2020 NINETEENTH SUNDAY IN ORDINARY TIME

### First Reading: 1 Kings 19:9a, 11-13a

At the mountain of God, Horeb, Elijah came to a cave where he took shelter. Then the Lord said to him, "Go outside and stand on the mountain before the Lord; the Lord will be passing by." A strong and heavy wind was rending the mountains and crushing rocks before the Lord — but the Lord was not in the wind. After the wind there was an earthquake — but the Lord was not in the earthquake. After the earthquake there was fire — but the Lord was not in the fire. After the fire there was a tiny whispering sound. When he heard this, Elijah hid his face in his cloak and went and stood at the entrance of the cave.

### Responsorial Psalm 85:9-10, 11-12, 13-14 (8)

Refrain

Lord, let us see your kind - ness;  
Lord, let us see your kind - ness.

#### Verses

1. Let us hear what our God proclaims: Peace to the people of God,  
salvation is near to the ones who fear God.
2. Kindness and truth, justice and peace;  
truth shall spring up as the water from the earth,  
justice shall rain from the heavens.
3. The Lord will come and you shall know his love,  
justice shall walk in his pathways, salvation the gift that he brings.

Text: Psalm 85:9-10, 11-12, 13-14; Marty Haugen, © 1983, GIA Publications, Inc.; refrain trans. © 1969, ICEL.  
Music: Marty Haugen, © 1983, GIA Publications, Inc.

### Second Reading: Romans 9:1-5

Brothers and sisters: I speak the truth in Christ, I do not lie; my conscience joins with the Holy Spirit in bearing me witness that I have great sorrow and constant anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites; theirs the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; theirs the patriarchs, and from them, according to the flesh, is the Christ, who is over all, God blessed forever. Amen.

### Gospel: Mathew 14 :22-33

After he had fed the people, Jesus made the disciples get into a boat and precede him to the other side, while he dismissed the crowds. After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, he came toward them walking on the sea. When the disciples saw him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. At once Jesus spoke to them, "Take courage, it is I; do not be afraid." Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught Peter, and said to him, "O you of little faith, why did you doubt?" After they got into the boat, the wind died down. Those who were in the boat did him homage, saying, "Truly, you are the Son of God."



# Mass Songs

## Entrance Hymn

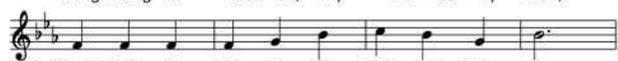
## Communion Hymn

### BE THOU MY VISION

SLANE



1. Be Thou my vi - sion, O Lord of my heart;  
 2. Be Thou my wis - dom, and Thou my true word;  
 3. Rich - es I heed not, or man's emp - ty praise,  
 4. High King of heav - en, my vic - to - ry won,



1. Naught be all else to me, save that Thou art:  
 2. I ev - er with Thee and Thou with me, Lord:  
 3. Thou mine in - her - i - tance, now and al - ways:  
 4. May I reach heav - en's joys, O bright heav'n's Sun!



1. Thou my best thought, — by day or by night,  
 2. Thou my great Fa - ther, I Thy true son,  
 3. Thou and Thou on - ly, first in my heart,  
 4. Heart of my own heart, what ev - er be - fall,



1. Wak - ing or sleep - ing, Thy pres - ence My light.  
 2. Thou in me dwell - ing, and I with Thee one.  
 3. High King of heav - en, my trea - sure Thou art.  
 4. Still be my vi - sion, O Rul - er of all.

Text: 10 10 10 10; Ancient Irish; tr. by Mary E. Byrne, 1905; fr. Eleanor Hull's *Poem Book of the Gael*, 1912, alt.  
 Music: Trad. Irish Melody; adapt. from *The Church Hymnal*, 1927.

### All Who Hunger

Verses



1. All who hun - ger, gath - er glad - ly; Ho - ly man - na  
 2. All who hun - ger, nev - er stran - gers; Seek - er, be a  
 3. All who hun - ger, sing to - geth - er; Je - sus Christ is



is our bread. Come from wil - der - ness and wan - d'ring.  
 wel - come guest. Come from rest - less - ness and roam - ing.  
 liv - ing bread. Come from lone - li - ness and long - ing.



Here, in truth, we will be fed. You that yearn for  
 Here, in joy, we keep the feast. We that once were  
 Here, in peace, we have been led. Blest are those who



days of full - ness, All a - round us is our food.  
 lost and scat - tered In com - mun - ion's love have stood.  
 from this ta - ble Live their days in grat - i - tude.

Refrain



Taste and see the grace e - ter - nal. Taste and see that God is good.

Text: Sylvia G. Dunstan, 1955-1993. © 1991, GIA Publications, Inc.  
 Tune: GRACE ETERNAL, ♯ 7 & 8 7 with refrain. Bob Newell, 1962. © 1993, GIA Publications, Inc.

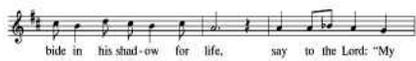
## Offertory Hymn

## Recessional Hymn

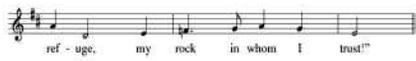
### On Eagle's Wings



1. You who dwell in the shel - ter of the Lord, who a -



bide in his shad - ow for life, say to the Lord: "My



ref - uge, my rock in whom I trust!"



And he will raise you up on ea - gle's wings, bear you on the



breath of dawn, make you to shine like the sun, and



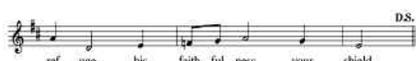
hold you in the palm of his hand. 2. The



snares of the fowl - er will nev - er cap - ture you, and



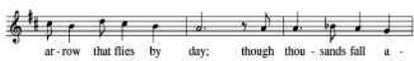
fam - ine will bring you no fear: un - der his wings you



ref - uge, his faith - ful - ness your shield.



3. You need not fear the ter - ror of the night, nor the



ar - row that flies by day; though thou - sands fall a -



bout you, near you it shall not come.



4. For to his an - gels he's giv - en a com - mand to



guard you in all of your ways; up - on their hands they will



bear you up, lest you dash your foot a - gainst a stone.



And hold you, hold you in the palm of his hand.

Text: Psalm 91; Michael Owen, 1979  
 Tune: Michael Owen, 1979  
 © 1979, GIA Publications

Recessional Hymn has been discontinued  
 Temporarily. Will return in the future.